

Advanced Homeopathy and a Polymicrobial Hypothesis

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Disclosure & Disclaimer

- We are not medical doctors nor researchers. We are trained, professional homeopaths.
- The following presentation is not in any way meant as medical advice, nor as treatment for any medical condition.
- Each person is unique, and many illnesses respond to different approaches.
- If you have a medical condition, this presentation is not a substitute for consultation with your physician or other qualified healthcare practitioner.

How Do We Become Ill? How Do Children Become Autistic?

- Basic Premise: Current Health status is perceived as the sum of the client's history
 - Genetic predispositions and weaknesses
 - Stressful events that impinge upon the Vital Force (immune system/energy and systems for support of life)
 - Toxins, heavy metals
 - Chronic pathogens
 - Past illnesses that weakened the immune system
 - Emotional traumas

Results: Chronic Illness

- All of these stack up, layer upon layer, until the system is no longer able to balance!



Homeopathic Remedies

- A homeopathic remedy is made from any plant, animal or chemical substance.
- A "mother tincture" is made from the original substance, and then serially diluted and succussed (struck hard against a firm object) many times
- The potency of a remedy is determined by the scale of dilution, either 1:10 (X or D), or 1:100 (C).
- A 6X or 6D potency has been diluted and succussed 1:10 six times. This creates a dilution of 1:1,000,000
- Any remedy dilution above 12C or 24X has no physical molecule remaining of the original substance.

Homeopathy 101

- Homeopathic remedies are matched symptom for symptom to a person's current complaints based on the Law of Similars.
- By "mirroring" the current symptoms, a homeopathic remedy appears to support and enhance the body's use of these symptoms to eliminate the causation and hence, the symptoms.
- Remedies support the body for natural healing.
- Diagnosis is not necessary to find the correct remedies.

Isopathy

- Use of homeopathic remedies prepared from substances responsible for the disease itself
- Based on the principle of sameness
- Examples:
 - Mercurius-vivus 1M to detox mercury toxicity
 - Pollen-derived remedies for hayfever
 - Candida remedies for fungal dysbiosis
- OTC but can create extremely powerful responses and should be used under the guidance of a professional homeopath

Homeopathy and Isopathy

- Homeopathy: Based upon Law of Similars, or "like treats like".
- Example: Rhus toxicodendron (Poison Ivy) will help chicken pox or any symptoms of red, swollen, dry, hot, burning, or itching skin
- Isopathy: Based upon law of "same treats same."
- Example: Rhus toxicodendron can help with poison ivy reactions – the "Hair of the dog that bit you."

Benefits From Both

- Homeopathy helps improve symptoms through "Like treats like" – matching symptoms to the corresponding remedy that will gather the body's resources to effectively eliminate the symptoms. Supports the healing process.
- Isopathy helps improve symptoms through "same treats same" – as if "posting the criminal's photo on the wall" so the body will identify it and mount an appropriate, normal response to permanently and naturally eliminate it. Frequently used for more chronic issues.

The Vital Force: Impacts and Stressors Create Illness

- Homeopaths have always considered illness to be from a weakening of the vital force
- Vital force is weakened by impacts from stressors, chemical, emotional or physical.
- To reverse course, those impacts must be addressed in reverse chronological order

Houston Homeopathy Method and Polymicrobial Model of Autism

- Homeopaths have always considered illness to be from a weakening of the vital force
- Vital force is weakened by impacts from stressors, chemical, emotional or physical.
- Homeopathic remedies can be used singly or in combination based upon indications from each client's chronological history, our research as presented, and knowledge of when to utilize isopathy and when to utilize homeopathy

Autism: Many Different Symptoms, Immune Burdens and Impacts

- Autism is not "caused" by one pathogen, nor one toxin
- Even a single vaccine event includes:
 - Emotional and physical trauma (stress reduces immune efficacy)
 - Viral and/or bacterial pathogens
 - Chemicals and heavy metals
- Homeopathy *plus* isopathy can address each aspect of each trauma

The Houston Homeopathy Method (HHM) in One Slide

Just as layers of toxins, pathogens and cell memories of traumatic events build up in the system from conception onward to create illness, sequential homeopathy addresses each event in reverse chronological order with homeopathic and isopathic remedies that will support the body to release those layers, toxins and pathogens one layer/event at a time, to eventually help the vital force rebalance, heal and restore health.

Sequential Homeopathy Unloads the Cart, One Event at a Time, Restoring Balance



Children with Autism Often Have Atypical, Unique Symptomatic Responses to Pathogens

- May be related to:
 - immunosuppression
 - presence of multiple pathogens
 - unusual interactions or even "binding" relationships between these multiple pathogens
 - presence of "superbugs" or antibiotic-resistant microorganisms
- These may be reasons for "tough nut" children, increases in co-morbidities such as seizure and movement disorders, and obsessive-compulsive behaviors
- Homeopathy addresses the problems by analyzing the symptoms, not through diagnosis
- By building the Vital Force, the body is able to do the work, resulting in true healing

True Detoxification and Clearing

- HHM aids in release of toxins, pathogenic viruses and bacteria
- Documented by doctor-ordered lab tests: reductions in bacterial and viral loads as evidenced on viral titers and DNase; as well as hair, stool and urinary analyses for heavy metals, dysbiosis and pathogenic presence.
- Efficacy of homeopathy is documented in many ATECs by improved behaviors (before and after Houston Homeopathy Method)

The HHM is a Complex, Advanced and Drug-Free Approach

- Autism is an advanced, complex disorder, often with additional co-morbid symptoms.
- HCH homeopaths follow the historical traumas and are guided by symptoms to utilize many different homeopathic methodologies, and to use isopathy when called for to remove "blockages to recovery" in the system.
- The method has long been based on the gut/brain biomedical model of autism, and recent research has launched it forward with even the most difficult cases.
- Not limited by age, equally effective with older, non-responders to other methods

HHM Approach to Multiple Causations

- Determine appropriate remedies based on homeopathic provings of commonly found toxins and isopathic applications of common pathogens that can create blockages to healing
- Learn from biomedical and homeopathic research and clinical experiences which behaviors and symptom constellations are associated with various bacteria, viruses, fungi
- Delve into some obscure medical research on pathogens associated with behavioral symptoms and developmental delays
- Create a "new" homeopathic working repertory which serves as a co-relational reference for stereotypic autistic behaviors and common co-morbid problems
- Utilize many different homeopathic approaches to address as many factors as possible, including: gemmotherapy, oligotherapy, proprietary specific combinations and German biological remedies

Hypothesis: Polymicrobial Disease as a Possible Mechanism for the "Autism Cascade"

What we knew
 What we learned
 How it has helped us improve outcomes

What Our Clinical Experience Taught Us in the Past

- Address as many aspects of each event as possible
- Neurological problems seemed to respond to a focus on *streptococcus* in many children but not all
- Children with the most difficult speech and language delays often were those who had received Varicella and MMR on the same day or showed high titers in both

- Focus on a single pathogen can sometimes bring symptoms of a different pathogen to the surface, i.e.:
 - Focus on *streptococcus* would often bring on symptoms indicating that fungal or metals detoxification was also happening simultaneously
 - Focus on *streptococcus* would bring up herpeti-form rashes
 - Focus on *herpes* variants would often bring up streptiform or morbilliform (measles-like) rashes
 - Focus on *streptococcus* and *herpes* together was far more successful than focus on each one separately with many children

Reaching Beyond Our Herpes-Strep Approach

- We turned to further research into:
 - Molecular microbiology
 - Acquired speech, language and developmental delays
 - Cell Wall Deficient (CWD) forms or L-forms
 - Polymicrobial diseases
- Which brought forth a new hypothesis as to some of the mechanisms of the "perfect storm" contributing to autism in some children
- Which improved our approach and our outcomes even with "tough nut" non-responders

Research Findings

Behavioral/Mental Disorders Can Stem from Microbial Involvement in the CNS

- PANDAS: Pediatric Autoimmune Neuropsychiatric Disorders Associated with *Streptococcus* infections (Swedo, et al)
 - OCD
 - Rigidity
 - Ritualism
 - Anxiety

- Herpes is known to inflame nerve endings (chicken pox, shingles, etc.)
- Hypothesis that herpes may somehow join with streptococcus, drawing it into the nervous system, creating sites for inflammation in both the peripheral and central nervous system.

Movement Disorders and OCD Have Been Associated with *Herpes* AND *Streptococcus*

- Tics and Tourette Syndrome has been associated with *streptococcus*¹
- Movement disorders have been associated with *herpes simplex* encephalitis²
- Choreiform movements associated with *strep*³

1. Mell L, Davis R, Owens D. "Association Between Streptococcal Infection and obsessive-Compulsive Disorder, Tourette's Syndrome, and Tic Disorder; 2005: *Pediatrics*; 116:56-60.
 2. Hargrave, DR. "Movement disorders in association with herpes simplex virus encephalitis in children: a Review"; 1998, *Develop Med and Child Neurol* 40: 640-642
 3. Margary, T, et al. "Relationship of Movements and Behaviors to Group A Streptococcus Infections in Elementary School Children"; 2007: *Biol Psychiatry* 61: 279-284

- Mell L, Davis R, Owens D. "Association Between Streptococcal Infection and Obsessive-Compulsive Disorder, Tourette's Syndrome, and Tic Disorder; 2005: *Pediatrics*; 116:56-60.
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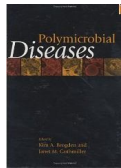
- Hargrave, DR, "Movement disorders in association with herpes simplex virus encephalitis in children: a Review"; 1998, *Develop Med and Child Neur* 40: 640-642
 - Movement disorders have been associated with *herpes simplex* encephalitis²

- Murphy, T, et al, "Relationship of Movements and Behaviors to Group A Streptococcus Infections in Elementary School Children"; 2007; *Biol Psychiatry*: 61: 279-284
 - Choreiform movements have been associated with *strep*

Polymicrobial Disease

- Clinical and pathologic manifestation induced by the presence of multiple microorganisms
- Also known as
 - Complex or complicated infections
 - Dual infections
 - Secondary infections
 - Coinfections
- Multiple pathogens often induce complexes or syndromes

Polymicrobial Diseases: Opening our eyes to Measles Virus Immunosuppression



- Chapter 19: "Virus-Induced Immunosuppression"¹
- Refers to a paradoxical immune response – Natural disease imparts lifelong immunity, but causes immunosuppression for several weeks post MV infection

1. Brogden, Kim A., Guthmiller, Janet M.: *Polymicrobial Diseases*; 2002, ASM Press, Herndon, VA

Theories About as to Why Measles Virus Causes Immunosuppression

MV found to cause a "morphing" by nonpathogenic enteric organisms into serious pathogenic organisms in monkeys

- McChesney, M.F., Fujunami, RS, Lerche, NW, Marx PA and Oldstone MBA. 1989 Virus-induced immunosuppression: Infection of peripheral blood mononuclear cells and suppression of immunoglobulin synthesis during natural measles virus infection of rhesus monkeys, *J. Infect. Dis.* 159:757-760
- Found that "in natural MV epidemic, enteric organisms normally carried by healthy monkeys become serious pathogens (Perhaps opening children to pathogenic "gut bugs" after their MMR?)

MV contributes to inflammation

- Bell, AF, Burns JB, Fujinami RS. 1997 "Measles virus infection of human T cells modulates cytokine generation and IL-2 receptor alpha chain expression. *Virology*, 232: 241-247
 - Cytokine production has been found to be increased post MV infection
- Griffin, DE. 1995. "Immune responses during measles virus infection. *Curr. Top. Microbiol, Immunol*, 1995: 191: 117-134
 - Suggested there may be a Th1 (acute inflammation) to Th2 (chronic inflammation) shift in the immune system during MV infection

Molecular mimicry between MV and other pathogens, plus host-pathogen interaction

- Patterson JB, Manchester M, Oldstone, MBA. 2001: Disease model: dissecting the pathogenesis of the measles virus. *Trends Mol Med.* 7:85-88.
 - Suggests a possibility of molecular mimicry (shared protein DNA sequences) between MV and various other pathogens
 - And a host-pathogen interaction situation that lends itself to greater susceptibility to activation of other pathogens

Common Post-Acute Measles Secondary Bacterial Infections

- In humans common bacterial super infections following measles include:
 - *Haemophilus Influenza (HIB)*
 - *Staphylococcus aureus*
 - *Morganella morganii*
 - *Pseudomonas aeruginosa*
 - *Chlamydia trachomatis*
 - *Streptococcus pyogenes*
 - *Streptococcus pneumoniae*

Common Post-Acute Measles Secondary Viral Infections

- Adenovirus
- Herpes Simplex Virus
- Any of the above bacterial and viral infections can be commonly found in children with autism

From Homeopathic Literature

- "Patients with measles are highly susceptible to streptococcal infection."
- "Guillain-Barre Syndrome has been shown to follow both natural measles virus infection and live attenuated measles virus vaccination."
- "Disintegrative psychosis is recognized as a sequela of measles encephalitis."
- "Measles ... leads sometimes to worsening of active TB or reactivation of latent mycobacterial infection."

Vermeulen E. "Sequelae of Measles", from *Monera, Kingdom Bacteria & Viruses* Volume 1, pp723-724. 2005: Emryss, The Netherlands



Monera Continues:

- "Measles vaccine and adverse reactions"
 - According to a study by the World Health Organization, chances are 14 times greater that measles will be contracted by those vaccinated against the disease than those who are left alone.
 - It has been determined that the measles vaccine may cause ataxia, learning disability...aseptic meningitis, seizure disorders, paralysis and death. It has also been investigated as a possible cause of or cofactor for multiple sclerosis, Reye's syndrome, Guillain-Barre syndrome, blood clotting disorders and juvenile-onset diabetes [Neil Miller]

US Vaccine Safety Committee Found:

- First encephalopathy case following measles reported in 1967.
 - Unsteady gait followed by diagnosis of:
 - Generalized ataxia ("cerebellar ataxia")
 - Fever
 - Vomiting
 - Ataxia continued for 8 months

More Vaccine Safety Committee Findings on Measles Vaccine

- A retrospective report of 23 cases of neurological disease followed measles vaccination that were reported between Jan 1965 and Feb 1967
 - Sensory disturbances
 - Seizures
 - Major loss of motor function
 - Cerebral edema
 - Onset between 3 and 24 days after vaccine

Putting These Pieces Together...

- Many children with autism present with high measles titers
- Work by Wakefield, and subsequently other researchers, has indicated the presence of persistent (chronic) measles virus in the gut lining of children with autism
- Could measles virus from the MMR vaccine be creating a low-grade, subclinical, chronic measles infection that creates a long term status of immunosuppression leading to greater persistence of other viruses and bacterial co-infections (a polymicrobial disease?)
- Might this, plus molecular mimicry and host pathogen interaction, be why so many children are non-responders or slow responders to therapies focused on reducing single microbes?

The Herpes-Strep-Measles Triad

- Testing by biomedical doctors frequently finds all three of these microbes to be high
- As Sequential Homeopaths, we typically address all the components of a single event at the same time, using multiple remedies and remedy combos, working backwards in reverse chronological order
- However, as we would address the one or two aspects of the H-S-M triad, the missing pathogen would often emerge creating a blockage to efficient clearing

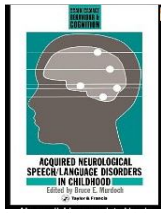
Addressing the H-S-M TRIAD

- A new combined focus on this Herpes/Strep/Measles "triad" of symptoms has greatly improved outcomes with even our most difficult cases.
- Clearer responses to remedies associated with the H-S-M triad together are subsequently yielding significant improvements – indicating a more complete release/rebalance and healing from all pathogens

Improvements with HSM Triad Approach

- Speech and communications improvements
- Fine and gross motor coordination
- Mood improvements
- Decreased hyperactivity
- Diminished tics and Tourette's Syndrome
- Engagement with others
- Desire to socialize
- Toilet training
- Better cognition
- Compliance

Old Book: More New Thoughts



Smyth, V., Ozanne A., Woodhouse, L., "Communicative Disorders in Childhood Infectious Diseases," in: Murdoch, B., Ed. Acquired Neurological Speech/Language Disorders in Childhood, 1990 Bristol, PA: Taylor & Francis, Inc.

- While autism's "cause" is being debated, we needed to know what other pathogens might be present, since their symptomatic presentation may be atypical in children with autism.
- Research in acquired speech/ language disorders might offer clues as to what additional pathogens could be present in autism, apraxia, etc.

Acquired learning, language, and cognitive difficulties have long been associated in the literature with Encephalitis and Meningitis from several primary CNS infections.

Smyth, v. Ozanne A., Woodhouse, L. "Communicative Disorders in Childhood Infectious Diseases"; Chapter 4 from Murdoch, B. *Acquired Neurological Speech/Language Disorders in Childhood*; 1990; Taylor and Francis, UK

Acquired CNS Infections

- Aseptic meningitis
- Meningococcal meningitis
- Pneumococcal meningitis
- Streptococcal meningitis
- Viral encephalitis
- Bulbar poliomyelitis
- Spirochetal jaundice
- Syphilis
- *Haemophilus influenzae* (esp. Type B)
- *E. Coli*
- *Enterobacter aerogenes*
- *Proteus morgani*
- *Klebsiella pneumoniae*
- *Listeria monocytogenes*
- *Tuberculous meningitis*
- *Salmonella*
- *Shigella*
- *Clostridium perfringens*

Ibid.: Smyth, et al. p.149

Infections known to produce CNS involvement in human fetus or neonate:

- Arboviruses
- Coxsackie A virus
- Coxsackie B
- Cytomegalovirus (CMV)
- Epstein-Barr Virus (EBV)
- Herpes Simplex
- Herpes Zoster
- Influenza
- Polioviruses
- Toxoplasmosis (protozoal)
- Syphilis
- Echovirus
- Rubella
- Measles
- *Streptococcus*
- *E. coli*
- Hepatitis B Virus

Learning/Language/Cognitive Difficulties from Encephalitis and Meningitis Include:

- Peripheral hearing loss
- Central auditory processing dysfunction
- Selective attention problems
- Hyperactivity
- Behavioral difficulties
- Disordered pragmatic skills
- Language development delays
- Cognitive and communication impairment

What's in a Name? Homeopathy Doesn't Need a Name

- Microbiology faces increased challenges as classification crossovers appear more frequently in research showing that certain microbes are animals, some are plants, and still others lie on a plane of their own.
- Homeopathy is not hindered in the successful usage of remedies from these sources, regardless of their microbiological explanation and designation. Because the remedies are chosen on the basis of symptom nuances rather than microbial identification, homeopathy is capable of remediation of viral, bacterial, fungal and toxic symptoms without side-effects, without building resistance, and without added toxicity.

Our model of the "perfect storm for autism"

- Genetics:
 - Inherited toxins
 - DNA changes from ancestors' vaccines
- Environmental:
 - Toxins and heavy metals in environment
 - Chemical exposures
 - EMF and other radiation exposures
- Vaccines
 - Vaccine adjuvants
 - Vaccine antigens (pathogenic viruses/bacteria)
 - Mercury exposures
 - Vaccine attenuation process residue
 - Vaccine
- Illnesses
- Suppression with pharmaceuticals

A common timeline of the "Perfect Storm" that leads to the "Autism Avalanche"

- Grandparents/parents' vaccines change DNA
- Causes autoimmune disorders as family history
- Hepatitis B vaccine at birth – Hep B found in many polymicrobial diseases
- *Streptococcus pneumoniae* vaccine – bring in *streptococcus*
- Combination vaccines with Hib/Hep B/D/TaP may add to CNS
- MMR creates chronic measles infection, opening system to super-infection – either by later exposures, or allowing host's immune system to decline, allowing opportunistic infections from previous exposures (i.e. vaccines)

Hypothetical or not, clinical improvements have been encouraging as we have expanded to address additional pathogens.

Immunopathogenesis: An important tool of the immune system

- Definition: Symptoms created by the immune system; the mechanisms by which the immune system naturally fights pathogens or eliminates toxins.
- Homeopathy is able to support a benign, benevolent immunopathogenesis.
- This may manifest as brief fevers, rashes, or a temporary worsening of other physiological symptoms, followed by improvements in physical condition, behavioral and communications skills.

Homeopathy's Advantages for Autism

- NO TESTING:
 - By matching symptom for symptom, it is often possible to "back into" a possible contributing pathogen through research and observation of a child's constellation of symptoms, comparing them to common illnesses associated with specific pathogens, even without testing
 - No additional trauma from invasive procedures
 - Reduces costs
- NO SIDE EFFECTS:
 - Many children are highly sensitive to side effects of drugs, and even sensitive to use of some supplements
 - Homeopathic remedies have no side effects. Direct effects are a result of immunopathogenesis resulting in natural healing

Results

- Case Number 1: T.O.: Unlayering through Immunopathogenesis followed by improvements
 - Morbilliform rash repeatedly
 - Moved on to a streptiform rash
 - Moved on to a herpetic rash

T.O.'s Results

- Improvements after each rash included:
 - More language
 - More sociability
 - Digestive improvements
 - Happier
 - Cognitive improvements
 - Academic improvements
 - Enjoying life well on way to full recovery

- Research in and beyond autism has greatly improved our understanding and outcomes over the past two years.
- Our clients with ASDs are making improvements faster and with less fallout.
- Our clients who share some of the same symptoms of autism but are not autistic are improving faster and completely.
 - GI improvements
 - OCD and tic disorders
 - Anxiety disorders

Focus on H-S-M Triad has Greatly Improved Outcomes

- Autism, PDD-NOS, HFA
- Asperger's Syndrome
- ADD/ADHD
- OCD/PANDAS
- Language and Communication
- Academics
- Anxiety
- Rituals
- Tics and movement disorders

Full RECOVERY is POSSIBLE!

- Over 80 children have fully recovered from Autism and PDD-NOS, completely losing their autism diagnoses.
- Several dozen more have had vast, measurable improvements in their autism and co-morbid symptoms.
- Recently we have seen a few non-ASD children with severe tics and Tourette's and the tics have reduce or stopped completely. One 7yo girl said, "I just forget to do them."

For More Information on the Houston Homeopathy Method:

- Join us and several of our parents at the Parent Roundtable at 3:45-5:45 this afternoon.
- Attend the presentation Saturday from 2:30-3:30 by our other three homeopaths for more information on the Houston Method and homeopathy basics.
- Visit our booth at the conference.
- Visit our website:
www.HomeopathyHouston.com

Please Welcome One of our "Warrior Dads"

David Snyder:
Wyatt's Dad
www.WyattsWayHome.org

Thank You for Your Time

We wish you and your families the very best for health and healing! Please visit our booth at the conference, or join us for our parent roundtable following the next break.



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